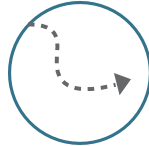
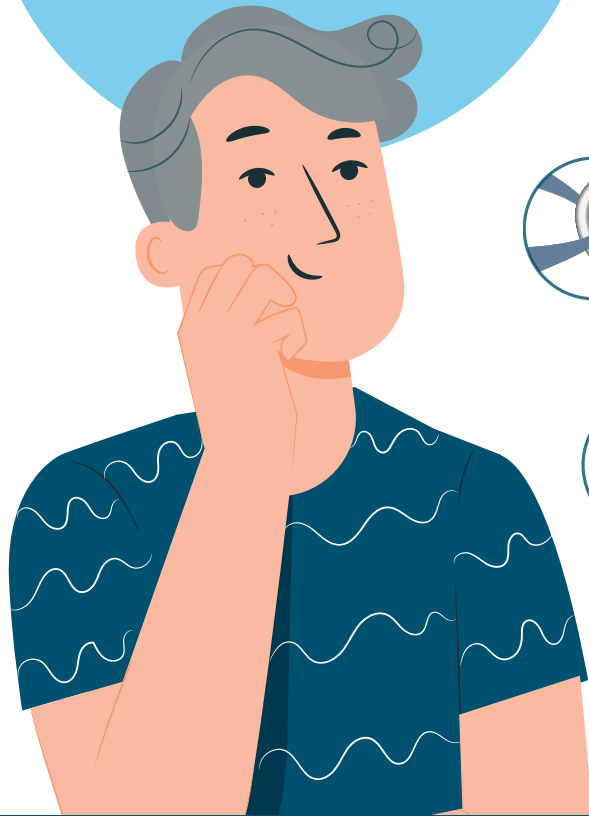


Congratulations on taking this important step towards managing your health with a left ventricular assist device (LVAD)!

As you prepare to return home from the hospital, it's essential to ensure a smooth transition and maintain optimal care for your LVAD. Here are some practical tips to help you navigate your new routine and promote a safe and comfortable environment at home.

ESSENTIAL TIPS FOR NEW LVAD PATIENTS TRANSITIONING HOME



CLEAR PATH:

Ensure there's a clear path from your bedroom to the bathroom to prevent any tripping hazards and make movement easier, especially during nighttime bathroom visits.



AVOID POWER STRIPS:

Plug your LVAD equipment directly into the wall outlets instead of using power strips. This helps ensure a consistent power supply and reduces the risk of equipment malfunction.



MEDICATION ORGANIZATION:

Organize your medications in easy-to-find locations to ensure you never miss a dose. Consider using a pill organizer or setting reminders to help you stay on track with your medication schedule. Notify your VAD clinic team of any new medications or dosing changes from other providers.



REDUCE SNAGS:

Be mindful of your surroundings and try to minimize areas where your LVAD driveline could snag. Avoid wearing clothing with loose or hanging threads and be cautious around furniture or objects that could catch on your equipment.



CLEAN SHOWERHEAD:

If your provider has provided showering instructions, keep your showerhead clean to minimize the risk of driveline infection. Regularly clean and disinfect your shower to prevent mold buildup, as mold can increase the risk of infection.



EMERGENCY CONTACTS:

Ensure your safety and peace of mind by keeping your emergency contacts and VAD clinic information readily available.

These tips aim to promote safety, hygiene, and convenience for LVAD patients transitioning back home. Always consult with your healthcare team for personalized advice and guidance.



International Consortium of Circulatory Assist Clinicians

